



Tuckerbox Menu

Term 1 2024



The Tuckerbox provides delicious, nutritious lunches & snacks for your children. With an emphasis on increasing the fruit & vegetable content, most items are made on site. Volunteers are very welcome, whether you have 20 minutes to spare, or 2 hours, please come & talk to Carla at the Tuckshop!

HOT MEALS & BURGERS

First Break Only

- Pasta Bolognese ... \$5
Veggie filled meat sauce over penne pasta
- Ham & Egg Fried Rice (GF) ... \$5
- Sweet Chilli Pork Noodles ... \$5
Pork mince & vegetables with hokkien noodles
- Butter Chicken (GF) ... \$5.50
Aromatic spices with a sweet potato sauce
- Cheeseburger ... \$4.50
- Hamburger ... \$4.50
- Chicken Burger ... \$4.50

SANDWICHES & SALADS

First Break Only

- Sandwiches ... \$3.50
Egg & Lettuce, Ham or Chicken
add cheese 50c add salad 50c
- Egg & Salad Container ... \$5
add cheese 50c
- Ham & Salad Container ... \$5
add cheese 50c
- Chicken & Salad Container ... \$5
- Pesto Pasta Salad ... \$5
add chicken ... \$1
- Roasted Sweet Potato, sundried tomatoes, baby spinach & fetta tossed through pasta dressed with nut free pesto.



SNACKS

First & Second Break

- Muffins ... \$1.20
Double Choc, Banana or Apple & Cinnamon
- Pikelets (GF avail) ... \$1.20
2 x pikelets w/ Butter & Jam
- Sultana & Oat Cookies ... \$1.20
- Snack Packs (GF)
- Boiled Eggs (2) ... \$1.80
- Boiled Egg, Cheese & Carrot Sticks ... \$2.50
- Frozen Pineapple Ring ... 50c
- Fruit Salad ... \$4
- Chocolate Balls ... 50c
- Zooper Doopers (1 only/break) ... 50c

SPECIALS – *First Break Only*

Wednesday

Hot Dog ... \$3.50 *add cheese 50c*

Friday

Pizza Scrolls (GF avail) ... \$4

Ham & Cheese, Hawaiian, or Pesto, Sundried Tomato & Cheese

Tuckshop operates on Wednesdays & Fridays, with ordering cut off at 8.30am on the day. For easy ordering download the QKR app & order online. Paper bag orders also accepted, please drop to the Tuckshop with your child's name & class clearly marked.

